



### Sign of the Cross

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.  
Amen

### Hail Mary

Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.  
Amen.



## The Lord's Prayer

Our Father who art in heaven,  
hallowed be thy name.

Thy kingdom come.

Thy will be done  
on earth as it is in heaven.

Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against  
us,

and lead us not into temptation,  
but deliver us from evil.

Amen.



### Glory Be

Glory be to the Father,  
and to the Son,  
and to the Holy Spirit:  
As it was in the beginning,  
is now,  
and ever shall be,  
world without end.  
Amen.

### Eternal Rest

Eternal rest grant unto them O Lord,  
and let perpetual light shine upon them.  
May they rest in peace.  
Amen



### Prayer to the Guardian Angel

Angel of God, my guardian dear,  
to whom God's love commits me here,  
ever this day be at my side,  
to light and guard,  
to rule and guide.

Amen

### Act of Contrition (Sorry Prayer)

O my God, I thank you for loving me.  
I am sorry for all my sins,  
for not loving others and not loving you.  
Help me to live like Jesus  
and not sin again.

Amen



## Hail Holy Queen

Hail, Holy Queen, Mother of Mercy,  
hail our life, our sweetness and our hope.

To thee do we cry,

poor banished children of Eve.

To thee do we send up our sighs,  
mourning and weeping in this vale of tears.

Turn, then, most gracious Advocate,

thine eyes of mercy toward us,

and after this, our exile, show unto us the  
blessed fruit of thy womb, Jesus.

O clement, O loving, O sweet Virgin Mary.



## The Magnificat

My soul proclaims the greatness of the Lord,  
my spirit rejoices in God my Saviour,  
for he has looked with favour  
on his lowly servant.

From this day all generations  
will call me blessed:

the Almighty has done great things for me,  
and holy is his Name.

He has mercy on those who fear him  
in every generation.

He has shown the strength of his arm,  
he has scattered the proud in their conceit.

He has cast down the mighty  
from their thrones,  
and has lifted up the lowly.

He has filled the hungry with good things,  
and the rich he has sent away empty.

He has come to the help of his servant Israel  
for he has remembered

his promise of mercy,  
the promise he made to our fathers,  
to Abraham and his children forever.



### Act of Faith

O my God,  
I believe in You and all Your church teaches,  
because You have said it  
and Your word is true.

Amen

### Act of Hope

O my God, I hope in You,  
for grace and for glory,  
because of your promises,  
your mercy and your power.

Amen

### Act of Charity

O my God, because you are so good,  
I love you with all my heart,  
and for your sake,  
I love my neighbour as myself.

Amen